



## Spa Calendar

### 2010

Jan 11-15  
May 3-7  
Sep 6-10

Feb 8-12  
Jun 7-11  
Oct 4-8

Mar 8-12  
Jul 5-9  
Nov 1-5

Apr 5-9  
Aug 2-6  
Dec 6-10

**Siem Reap, Cambodia**  
**5 Days / 4 Nights**

### Angkor Retreat

There is much more to Siem Reap than just temples! Take this journey and experience the perfect blend of sightseeing, relaxation and cultural discoveries. Enjoy the temples from a tethered helium balloon, be entranced by the graceful movements of Apsara dancers, explore floating villages and peruse the artisan shops in the town of Siem Reap.

#### Spa Travel Inclusions:

- Return airport – hotel transfers in Cambodia
- 4 Night accommodation staying at La Residence d'Angkor, Siem Reap – deluxe riverside room
- Daily breakfast
- Transfer by private A/C vehicles.
- Lunches + Dinners as indicated in itinerary (B = Breakfast, L = Lunch, D = Dinner).
- English Speaking Guide.
- All entrance fees as indicated in itinerary + 1 day Angkor Pass.
- Tethered Helium balloon ride at Angkor.
- Traditional Khmer Massage
- Boat trip to Kampong Phluck
- Spa Travel Wallet & Documentation

**Cost per person:**      \$

\$ indicates approximate costing in Australian Dollars and is based on twin / double share. Package is subject to seasonal or currency price increases. Extended and additional person costings are available on application. All packages are non-refundable, subject to availability and conditions apply. Valid 31 March 2011

#### Price Guide:

\$1,000 - 2,000    \$\$2,001 - 3,000    \$\$\$3,001 - 4,000    \$\$\$\$4,001 - 5,000    \$\$\$\$\$ 5,001+

#### Itinerary:

##### Day 1: Siem Reap Arrival

Upon arrival at Siem Reap International Airport, transfer to your hotel for check in.

*Your holiday begins with a relaxing and de-stressing traditional Khmer Massage at the hotel, after you have settled in. The rest of the afternoon will be at leisure for you to enjoy and slow down.*

This evening, a delicious authentic Khmer dinner will be served at the renowned Madame Butterfly Restaurant in Siem Reap.

Overnight at La Résidence d'Angkor in Siem Reap.

Dinner.

### Day 2: Siem Reap

The morning will be at leisure to enjoy an extensive breakfast and to relax at the hotel pool. If you wish to be active, you can join one of our optional visits. At lunchtime head to Alliance Café where a French-inspired Khmer meal will be served.



This afternoon, depart on a sightseeing tour of the famous Angkor Wat by Tuk Tuk. Built during the reign of King Suryavarman II in the early 12th century, Angkor Wat is constructed following the model of the temple mountain symbolizing the Mount Meru, home of the gods. The divine residence of Vishnu, the King himself was to reside here after his death. Inside the temple, the walls are covered with stone carvings and bas-reliefs depicting Hindu mythology and the wars Suryavarman II fought during his reign. Moreover, Angkor Wat is well known for the more than 2,000 Apsara dancers decorating the temple. Construction is thought to have taken around thirty years of intensive labor. Today, Angkor Wat is figured on Cambodia's national flag as the temple symbolizes the soul of the Khmer people.

Enjoy the spectacular view from above as you depart on a tethered Helium Balloon ride that will lead you 200 meters straight up for an amazing aerial view of Angkor Wat, Phnom Bakheng, West Baray and other ruins amongst the surrounding jungle and rice paddies glimmering in the best evening light.

Enjoy a typical and very tasty dinner tonight at Sugar Palm Restaurant in a beautiful ancient Khmer house in the centre of town.

Overnight at La Résidence d'Angkor in Siem Reap.

### Day 3: Siem Reap

Today will be at leisure to get some more relaxation, visit the temples on your own or stroll through the colourful markets of Siem Reap. For more adventure, you can join one of our optional activities. For some of them, it might be necessary for you to buy another Angkor Day Pass if it will lead you back to the temples.

Dinner will be served at your hotel.

Overnight at La Résidence d'Angkor in Siem Reap.

Breakfast, Dinner

### Day 4: Siem Reap

This morning, you will embark on an interesting boat trip on the Tonlé Sap Lake, where you will have the opportunity to learn about life on the lake. Tonlé Sap is South East Asia's largest freshwater lake with its size varying greatly depending on the season. During the dry season it is roughly 2,500 km<sup>2</sup>, swelling to about 4 times its size in during the wet season: 10,000 km<sup>2</sup>! Board a local boat and visit Kampong Phluck, a village where we'll see houses on stilts that are submerged when Tonlé Sap Lake extends. On the way, you will pass floating houses and impressive flooded forests, portraying life on the water.



*The afternoon will be at leisure to enjoy the Spa of your hotel or you can join one of our optional excursions.*

Return to Siem Reap for dinner with a traditional Khmer dance performance at Apsara Theatre this evening.

Overnight at La Résidence d'Angkor in Siem Reap.

Breakfast, Dinner

### Day 5: Siem Reap Departure

After breakfast this morning, you will have some more time at leisure to relax before your departure. Early this afternoon transfer to the Airport for your onward flight.

Breakfast.

### Not Included:

- Alcoholic drinks & drinks at mealtime + Optional visits + Personal expenses (Telephone, laundry...).
- Personal travel insurance (must include helicopter evacuation for Cambodia).
- Tips for guide, driver, boat crew & hotels' porters.
- Meals not indicated in the itinerary.
- Spa treatment on Day 4.
- All air tickets with airport and departure taxes (Cambodia USD25).
- Other services not clearly indicated in the Package Inclusion above.

### For all your reservation needs:

Phone: 1300 13 11 16

Email: [Spa Travel Reservations](mailto:info@SpaTravel.com.au)

[COMO Shambhala Facts](#)

All travel arrangements are non-refundable, subject to availability, conditions and cancellation fees apply. All prices are quoted in Australian dollars and are subject to change. Other prices for different room types, duration of stay or number of persons is all available on application. Spa Travel or Travel With A Difference is no way responsible for any unforeseen operations of airlines, hotelier, tour operator or retreat facilitator. Whether travelling within Australia or overseas travel insurance is highly recommended, contact us or visit [www.SpaTravel.com.au](http://www.SpaTravel.com.au) and click into resources to access QBE travel insurance on line. Credit card payments may incur a transaction fee 1% visa, mastercard and 3% Amex. Travelling overseas visit [www.smarttraveller.gov.au](http://www.smarttraveller.gov.au) for country security information or to register you being abroad. If travelling to countries that may expose you to major illnesses or disease visit your preferred travel medical practitioner well in advance. Are you visiting a country that requires a visa? Lic No. 32425

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