



Signature Service

18 – 22 June 2010
4 Nights / 5 Days
Bali

a Journey of Celebration

This is a special journey that has been created for women who have experienced or been touched by breast cancer. Each person's experience, how they dealt with it and processed it differ. Karen Goudge, the creator of Spa Travel knows the feeling, she was diagnosed two years ago. Through out this time, she has taken her self on journeys to spa health retreats and fundraising efforts.

So, this journey of celebration is for you. If you need to take time to reward yourself after treatment, to acknowledge the change in your life or simply to be grateful for the wonderful life you do have....come and join us, take on experiences you may not have had the chance to experience before or simply allow yourself the time to rejuvenate.

Spa Travel Inclusions:

- Return airport / retreat transfers
- 4 Nights Accommodation staying at Alila Manggis, Candi Dasa Bali
- Daily Breakfast
- 4 Dinners
- Free shuttle service based on hotel schedule to Candi Dasa town
- Daily afternoon tea from 3pm – 5pm
- Complimentary lifestyle experiences based on weekly schedule of tai chi or yoga
- WIFI internet connection in room and public area
- 60 Minute Spa Alila Signature Treatment
- Organic cooking class including lunch
- 2 ½ hour trek – Kastala to Tenganan
- Return transfers between Alila Manggis and Thermes Marins Bali
- 3 Hrs & 50 minute session at Thermes Marins Bali – therapeutic pool, spa cuisine meal, massage
- Airport arrival & departure VIP lounge
- Bali Visa
- Spa Travel wallet & documentation



Costing per person:	Twin/Double	Single
Superior Room	\$1,135	\$1,577
Deluxe Room	\$1,225	\$1,755

Travel Request:

Call Spa Travel reservations on **1300 13 11 16** to speak with a qualified consultant who will attend to all your travel arrangements.

Not included:

- international airfare to Bali
- Travel insurance
- Beverages, snacks or meals not specified in the itinerary.
- Personal laundry, souvenirs or telephone calls

From each reservation SPA TRAVEL will DONATE \$100 to Breast Cancer Network Australia

Proudly supporting



Itinerary:

Day 1

After arriving into Bali we'll be met by concierge who will take us to a VIP lounge, where we'll have access to facilities including beverages and finger food service. Collect of passport, visa and luggage tags be sorted by the concierge will take care of immigration and customs clearance, luggage collection and then escort us through the door of the airport for our transfer to Alila Manggis.

Dinner and relax.

Day 2

After breakfast. The day is at leisure except for a visit to the garden and an organic cooking class. Take a spa treatment, relax and chat by the pool, take a bus ride in to town or maybe a session with a Balinese astrologer.

Dinner and time at leisure.

Day 3

After breakfast today, we'll take off on a trek that is really off the beaten track, crossing through numerous rice terraces and small farms allowing time to truly appreciate the native landscape of Bali. The trek also takes us up and over a number of hills that offer great views to the sea, before finishing at the fascinating Bali Age village of Tenganan - famous for its double ikat weaving and unique basket making. 2 hours + 20 mins car transfer. This is a great time to embrace life out of the ordinary.

Afternoon at leisure. Maybe choose to book in for a spa treatment.

Dinner and relax.

Day 4

Enjoy a leisurely breakfast.

Late morning we will be transferred to Thermes Marines Bali for a rejuvenating Thalasso session and more.

The Thalasso Experience give 2 hours Aquatonic pool, 50 minute Affusion Herb Balm Massage Treatment, 1 hour at Spa Café with wholesome spa cuisine.

The aquatonic pool at our Bali Thalasso spa contains 700 million litres of water from the Indian Ocean, warmed to optimum temperatures to rebalance mineral deficiencies and to provide your body with the curative and preventative properties of seawater. Thanks to its floating effects, you are able to effortlessly exercise your way through 12 hydro massage stations using the pool's therapeutic jet streams, micro-bubbles and geysers to rehabilitate injured muscles, to relieve stress and for relaxation. Affusion with Herb Balm Massage combining Hawaiian Lomi-Lomi with thalassotherapy, in the 50-minute Bali Thalasso treatment immerses you in warm seawater while your therapist massages your body using her forearms and a relaxing herb balm as six shower jets relax and rejuvenate you.

Dinner and relax.

Day 5

After breakfast your day is at leisure to relax by the pool, read more of your book or chat with others at leisure on this journey of celebration.

Hotel check out - 12 midday.

After checking out you can relax at Alila Manggis before you are transfers to Denpasar International Airport for your flight or can be transferred to another resort to continue your 'journey of celebration'. Luggage, flight tickets, passport and airport tax will be collected by concierge at the drop zone at the Denpasar International Airport, we'll then be escorted to the check in counter and customs. Once all is processed passport and boarding pass will be handed back to us, only then to be taken to the VIP lounge through immigration without queuing for your return flight home.

Remember, this is your time, your journey...

For all your reservation needs:

Phone: 1 300 13 11 16 Email: [Spa Travel Reservations](mailto:SpaTravelReservations)

[Alila Manggis, Bali](#)

All travel arrangements are non-refundable, subject to availability, conditions and cancellation fees apply. All prices are quoted in Australian dollars and are subject to change. Other prices for different room types, duration of stay or number of persons is all available on application. Spa Travel or Travel With A Difference is no way responsible for any misforeseen operations of airlines, hotelier, tour operator or retreat facilitator. Whether travelling within Australia or overseas travel insurance is highly recommended, contact us or visit www.SpaTravel.com.au and click into resources to access QBE travel insurance on line. Credit card payments may incur a transaction fee 1.4% visa, mastercard and 3% Amex. Travelling overseas visit www.smarttraveller.gov.au for country security information or to register you being abroad. If travelling to countries that may expose you to major illnesses or disease visit your preferred travel medical practioner well in advance. Are you visiting a country that requires a visa? Lic No. 32425

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