

Spa Calendar

Fivelements, Puri Ahimsa Bali, Indonesia

Dates 2012

10-15 March	14 – 19 April	12 – 17 May	09 – 14 June	14 – 19 July
11 – 16 August	08 – 13 September	13 – 18 October	10 – 15 November	

Panca Mahabhuta Retreat

5 Nights / 6 Days

A healing journey for regeneration, replenishment & alignment...

At Fivelements, Puri Ahimsa, healing is inspired by the Balinese way of life, which encourages us to nurture harmony with spirit, nature and one another. Our holistic integrative approach is designed to tune-in on the physical, emotional and spiritual levels, allowing an organic healing process to naturally unfold. This begins by attuning to your authenticity and honouring your highest potential.

Acknowledging and respecting your individuality, we collaborate with you through a personalized Guest Liaison program, which guides and nurtures a new healing path combining:

- **Balinese Healing Rituals** for purification, balancing & regeneration
- **Living Foods** for life invigoration
- **Sacred Arts** for inner strength, alignment & dedication

Spa Travel Inclusions:

- Return airport / retreat transfers
- 5-Nights' accommodation in one of our exclusive riverside suites
- Gourmet Healing Cuisine meals, includes (5 Breakfast / 4 Lunch / 5 Dinner / Daily 4 glasses of Juices or Coconut water)
- Healing Consultation
- Balinese Blessing Ceremonies
- Daily Meditation
- 2 Healing Massages
- 1 Healing Energy
- 1 Water Healing Dance
- 1 Therapy combination
- 2 Yoga
- 2 Sacred Arts
- 2 Bidadari Beauty Ritual
- Spa Travel documentation and wallet





together we can make a difference®

From this retreat **Spa Travel** will donate \$100 per person to the **McGrath Foundation** – raising monies to place breast care nurses in communities around Australia.

Cost per person:

Villa

Double

\$\$\$

Single

\$\$\$\$

\$ indicates approximate costing in Australian Dollars and is based on per person. Package is subject to seasonal or currency price increases. Extended and single package costings are available on application. All packages are non-refundable, subject to availability and conditions apply. Valid 2012.

Price Guide:

\$1,000 - 2,000

\$\$2,001 - 3,000

\$\$\$3,001 - 4,000

\$\$\$\$4,001 - 5,000

\$\$\$\$\$ 5,001+

Facilitator:

At Fivelements, Puri Ahimsa, healing is inspired by the Balinese way of life, which encourages us to nurture harmony with spirit, the environment and with one another.

Similarly, our holistic approach is designed to tune-in on the physical, emotional and spiritual levels, allowing an organic healing process to naturally unfold. We collaborate with our guests to activate, facilitate and nurture a new healing path, and this begins by honouring our highest potential.

Nestled alongside the sacred Ayung River, just before the mountain, fifteen minutes drive to centre of ubud in the highland of Bali. An hour and half drive from Bali International airport.

Each riverside suite is housed in a private pavilion fashioned after a sacred spiral and embellished with traditional Balinese 'Songket' textiles and antique touches. Each has a spacious terrace flanking Bali's sacred Ayung River, with a healing alfresco bathhouse including chromotherapy lighting, air-conditioning, sound system with iPod dock, Wi-Fi Internet access, safety box, hairdryer and a generous array of amenities.



[Further insight to Fivelements click here >](#)

Travel Request:

For Advice, Guidance and Reservations contact:

Your preferred travel agent or Spa Travel T: 03-5254 1411

Email: [Spa Travel Reservations](mailto:reservations@SpaTravel.com.au)

All travel arrangements are non-refundable, subject to availability, conditions and cancellation fees apply. All prices are quoted in Australian dollars and are subject to change and currency fluctuations. Other prices for different room types, duration of stay or number of persons is all available on application. Spa Travel or Travel With A Difference is no way responsible for any unforeseen operations of airlines, hotelier, tour operator or retreat facilitator. Whether travelling within Australia or overseas travel insurance is highly recommended, contact us or visit www.SpaTravel.com.au and click into resources to access QBE travel insurance on line. Credit card payments may incur a transaction fee 1.4% visa, mastercard and 3% Amex. Travelling overseas visit www.smartraveller.gov.au for country security information or to register you being abroad. If travelling to countries that may expose you to major illnesses or disease visit your preferred travel medical practitioner well in advance. Are you visiting a country that requires a visa? Lic No. 32425

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